



“Our fate lives within us; you only have to be brave enough to see it.”– Princess Merida

THEME 1: DON'T LET PRIDE GET THE BEST OF YOU

Although the film is set in medieval Scotland, the challenges of Brave abound in everyday life. Princess Merida's first predicament is “all about me” syndrome. Poor communication/ill defined goals are also big factors. So intent to change her destiny, she forfeits the safety of her mother, and nearly loses her completely.

Q1

Has your own shortsighted pride ever kept you from fulfilling your goals?

Q2

Do you have clear goals/plans to address your troubles? Your dreams?

THEME 2: IT'S GOOD TO HAVE FRIENDS

In the film, three clans try to win the hand of Princess Merida. But when all fail and chaos ensues, it's the princess herself who reminds the men of what loyalties and friends must remain.

Q1

Can you remember a time in your life when you wanted to cut ties, but remembered your friendship is worth more than your argument?

Q2

We can disagree with our family and friends all the time, but that doesn't change the fact that they are an important part of our lives. What works for you in overcoming the challenges of family life? Can you put aside disagreements in order to serve the greater/common good? (overcome troubles; reach dreams)

THEME 3: MAKE YOUR OWN WAY (with others)

Even though Princess Merida initially wrecks her life to remake it, she realizes her mistake and mends the tapestry that she had cut apart. It may not be easy, but forgiveness and change are possible. Together, success is achieved. (relationships sustain us/ empower us)

Q1

What's a big dream for your life and where did it come from?

Q2

Is this dream your own idea or from another source?

Q3

If your dream came true, how would your world be different?

Q4

How are others a part of “making your own way”? How are you helping others “make their own way”?