

Frozen

Viewing Guide

Frozen can be viewed as an example of the many relationships established in our day-to-day lives. As you watch the movie, please consider the importance of:

- ❖ Connections to parents
- ❖ Connections to siblings
- ❖ Damage/Repair to relationships
- ❖ Poor decisions
- ❖ Loss/Grief
- ❖ Support Networks
- ❖ Communication/Secrets
- ❖ Talents/Gifts; Conforming
- ❖ Healing

The following questions bring focus to specific issues.



What losses does Elsa experience? (think of at least 3)

How are some of the relationships in the movie damaged? How are some of them repaired?

What support networks can you name from the movie? Also note the importance of connections/continuity in relationships.

Who controls Anna's fate in this movie? How does that relate to Birth Parents, Resource Parents and children in foster care?

What else did you see that reminded you of the fostering experience?

Nine other things Frozen reminds us about fostering:

1. {Olaf the Snowman} That's okay. I do (know what love is). Love is putting someone else's needs before yours.
2. {Olaf the Snowman} Some people are worth melting for
3. {Pabbie/Grandpa} The heart can be tough to change. But...the mind can be persuaded.
4. {Pabbie/Grandpa} Only true love can thaw a frozen heart

{Trolls singing "Fixer Upper"}

5. *We're only saying that love's a force
That's powerful and strange...*
6. *People make bad choices if they're mad,
Or scared, or stressed.*
7. *Throw a little love their way.
And you'll bring out their best...*
8. *Everyone's a bit of a fixer-upper,
That's what it's all about...*
9. {Elsa} Love thaws...

Losses:

Elsa denies her gifts (talents, culture, heritage, identity; similar to kids placed in care- ethnic, racial, religious, regional backgrounds, “family name” denied for the “proper” family)

Loss of parents; how would that have been different if captured by pirates instead of death at sea?

Loss of sibling relationship, loss of the world outside the castle...

Damaged relationships:

Elsa/Anna – damaged by shutting off contact, motives were to protect Anna but the secrets/lack of communication removed support; Anna makes many attempts to repair the relationship as a child and as an adult, eventually even making decisions that she thought would sacrifice her own well-being.

Hans/Brothers – damaged by how they treated him as the younger brother – reminder that all behavior is communication; instead of repairing relationships, Hans develops “inappropriate survival skills” to protect himself at the expense of others (a frozen heart that is never thawed)

Support networks:

Kristof/Sven/Trolls – as a boy Kristof and Sven struggle to find a place to belong; they find the Trolls; Kristof/Sven rely on each other daily and return to the Trolls as “home” and all that means when facing trouble.

King/Queen/Trolls/Anna/Elsa – typical family bonds/network/support, Trolls included as a resource for the immediate problem and as counselors on how to move forward. Good intentions, and maybe it would have worked out worse if there was no change about the use/knowledge of magic as the sister’s relationship moved forward – probably the best option was somewhere in the middle of those choices (King and Queen understood the advice as “all magic” or “all control” instead of on a continuum) Breaking the connections/continuity between the sisters was not a good solution.

Sven/Olaf – develop friendship and trust over time; become important to each other

These characters all showed connections/continuity that extended from childhood into their adult lives.

Control of Fate:

Anna gets support from many characters throughout the movie, but her own actions ultimately decide her fate. She makes many attempts to repair the relationship, even to her choice to save Elsa instead of curing her own frozen heart. The lesson can apply to any of the players on the foster care team – child, birth parent, foster parent, etc. Each individual has many interactions/connections to the others, but each is responsible for their own success/failure. Norman Vincent Peale, Stephen Covey, Socrates, Barney Stinson all agree on this point. (Power of Positive Thinking, Seven Habits of Highly Effective People, “Be as you wish to seem”, “When I’m sad, I stop being sad and be awesome instead”) Also from Invictus (Henley) “I am the master of my fate, I am the captain of my soul”. We are endowed by our creator with free will and also with the spirit to overcome the obstacles we face. Additional research from many sources establishes that the love we give to others is what increases the happiness in our own lives.