

## A Healing Home

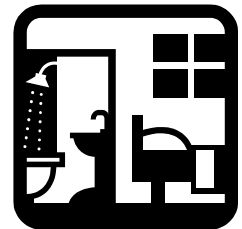


### Children's Bedrooms:

- The child has his or her own bed and is told that there is a family rule that “no one else is allowed on your bed” (if needed, rule is that no one gets in any bed but her/his own).
- The child is told to close the door for privacy for dressing, resting, etc.. If children are playing in the bedroom, the door always stays open.
- A family rule requires knocking before entering the child's bedroom, for parents and other children.
- A light is left on for the child at night.
- Children are given robes to wear to/from the bathroom.
- *For children in foster care:* The foster father will not come into the girl's bedroom and/or the foster mother will not come into the boy's bedroom when the child is in there (may need additional boundaries if there was abuse with a same-sex caregiver.)

### Parent bedroom:

- The door is closed for privacy.
- The family rule requires knocking before entering the bedroom.
- The family rule prohibits children from playing on the bed or playing in bedroom.



### Bathroom:

- Only one person allowed in the bathroom at a time.
- The bathroom door is always to be closed for privacy (and can be locked for security).
- Children are reassured that no one will enter bathroom while they are bathing or showering.

### Living room:

- Children play games with family members that are gentle and nurturing – no tickling, rough-housing, lap-games, or wrestling.
- Children and adults can have their own “space bubbles” for sitting and relaxing.
- No one has to give or receive physical affection from someone else.
- Movies, TV, and games are supervised and age-appropriate. (Rating system is explained & used.)

